

# Join Our Team!



#### Submit your cover letter and resume by October 13, 2023 to:

Patsy Ringling, Adult & Seniors Programs Coordinator patsy.ringling@ymanitoba.ca

The Y is committed to providing an inclusive environment where diversity is welcomed and encouraged. If you require accommodation during any part of the recruitment or selection process, please don't hesitate to reach out. This includes providing you with alternate formats of this posting.

The Y is entrusted to provide a safe environment for children and vulnerable individuals. All applicants will be thoroughly screened through a review process including Police Record Checks with Vulnerable Sector Search and Child Abuse Registry Checks.

We thank you for your interest; however, only applicants selected for an interview will be contacted.

## Fitness Instructors – Land or Aquatic (Fitness/Aqua) Part Time, \$26.52 per class Elmwood-Kildonan Community Hub, 454 Kimberly Ave.

We are looking for enthusiastic, motivated, passionate and creative fitness instructors to run a variety of classes at our branches. As part of the Y team, you will play an important role in providing encouragement, motivation and support to members to help them achieve their fitness, health and wellness goals. The YMCA-YWCA of Winnipeg offers everything from the classic studio experience to aquatic fitness, to group circuit training. No matter what you consider your specialty, we have a place for you!

#### Why work at the Y?

- You make a difference in a member's life every day
- Training opportunities for growth and development
- Complimentary individual Y membership
- Great people and dynamic work environment

### Are you the right fit?

- Able to plan/develop/deliver a variety of quality, safe and fun exercise classes
- Ability to lead and engage participants
- Able to build positive relationships with members, staff and volunteers

#### What else do you need?

- Certified Fitness Instructor through YMCA, MFC or equivalent
- 6-12 months experience in fitness instruction
- Emergency First Aid and CPR C certification
- Strong communication, organization and time management skills

