



Date: October 31, 2011
Position: Fitness Centre Staff
Wage: \$10.92/hr
Placement Date: ASAP

Position Overview: Fitness Centre staff must be enthusiastic, energetic and have a strong desire to share their knowledge and experience with others. Fitness Centre staff will contribute to the well-being of YMCA-YWCA members by helping them develop their fitness and personal skills through our programs, services and wide range of cardio and strength conditioning equipment. Fitness Centre staff will provide a friendly and welcoming environment and encourage social interaction among members and staff.

Responsibilities:

1. Arriving on time for shifts and wearing the designated uniform.
2. Delivering Fitness Centre Orientations, Personal Exercise Programs and other fitness classes as able.
3. Ensuring the safety of members by keeping the fitness centre clean and organized and observing member activities and behaviour.
4. Performing light cleaning and maintenance on fitness centre equipment as required and reporting any items in need of repair to the Building Operator.
5. Maintaining an adequate supply of towels in the dispensers.
6. Maintaining open communication with members and program coordinator.
7. Fostering a good public image for the facility in particular and the YMCA-YWCA of Winnipeg in general.
8. Attending in-service training sessions as required.
9. Any other duties as assigned.

Required Qualifications:

- Emergency First Aid and Basic Rescuer CPR
- Criminal Record and Child Abuse Registry clearance
- YMCA Individual Conditioning II certification or equivalent qualifications through Manitoba Fitness Council certification or Post-Secondary education.

If you are interested in this position, please submit your letter of application and resume to:

YMCA-YWCA of Winnipeg
Attention Kathy McIsaac
5 Fermor Ave
Winnipeg, MB R2M 0Y1
Fax: 204.237.3173
Email: syadultprog@ymcaywca.mb.ca

We thank you for your interest: however please note that only candidates selected for an interview will be contacted.