



YMCA - YWCA

We build strong kids,
strong families, strong communities.

**YMCA-YWCA of Winnipeg
Downtown Branch
2010-2011 Swimming Lessons**

Program	Age	Monday	Tuesday	Wednesday	Thursday	Saturday
Parented L'il Dippers	0-3	5:30 – 6:00			5:30 – 6:00	9:00 – 9:30
L'il Dippers	3-5	6:00 – 6:30 6:30 – 7:00	6:00 – 6:30 6:30 – 7:00	5:30 – 6:00 6:45 – 7:15	6:00 – 6:30 6:30 – 7:00	10:00 – 10:30 10:30 – 11:00
Learn to Swim/Star 1-3	5-12	5:30 – 6:00 6:00 – 6:30 6:30 – 7:00 7:00 – 7:30	6:00 – 6:30 6:30 – 7:00 7:00 – 7:30	5:30 – 6:00 6:00 – 6:30 6:45 – 7:15	6:00 – 6:30 6:30 – 7:00 7:00 – 7:30	9:00 – 9:30 10:00 – 10:30 10:30 – 11:00 11:00 – 11:30
Star 4-6	5-12	7:00 – 7:45		6:00 – 6:45		11:00 – 11:45
Teen/Adult Beginner	13+		7:00 – 7:30		7:00 – 7:30	
Teen/Adult Int/Adv.	13+		7:00 – 7:30		7:00 – 7:30	