



## **Your Child's Counsellor**

The YMCA-YWCA of Winnipeg strives to hire enthusiastic, child focused staff seeking to be positive role models in the lives of children. We require that all camp staff be certified in CPR & First Aid and go through a Criminal Record Check and the Child Abuse Registry. We take pride in our staff and provide training which includes program planning, behaviour modification, health and safety, supervision and other camp related topics.

### **Medication**

If a camper requires medication, we ask that you give it directly to the Day Camp Coordinator. All medication must be in the original container with child's name and specific instructions clearly marked.

### **Illness or Injury at Camp**

We are only able to accommodate and treat minor first aid injuries in the day camp setting. If a camper is unable to resume participation in his or her activities, parents will be notified to pick up the camper or in the case of major/sudden illness or injury, emergency services will be utilized.

### **Daily Sign In/Out**

Each camper must be signed in and out of camp each day with the supervising counsellor. Please be prepared to show photo I.D. Only parents are allowed to check-out children at the end of the day unless alternative arrangements are made in writing with the Day Camp Coordinator. If your child is unable to attend a day of camp, please contact the Membership Sales & Service desk.

Day Camp extended care ends at 5:30 p.m. There is a \$5.00 charge (per family) for each 5 minutes past 5:30 p.m. The additional charge is payable to the YMCA-YWCA at the time the child is signed out.

***We build strong kids, strong families , strong communities.***



## **YMCA-YWCA Mission Statement**

The YMCA-YWCA of Winnipeg is a charitable organization whose mission is to foster the growth and development of people and communities in spirit, mind and body.

### **Day Camp Philosophy & Goals**

The YMCA-YWCA of Winnipeg Day Camp strives to provide a positive atmosphere of safety, support and care for each individual child while allowing for personal growth and development in spirit, mind and body. The goals of the YMCA-YWCA of Winnipeg Day Camp include:

- Develop self-confidence and appreciation of his/her self worth as an individual
- Celebrate and value the differences of all persons and strive for an environment of inclusiveness and tolerance
- Provide opportunity for all individuals to participate in recreational activities regardless of skill or ability
- Challenge each participant to accept and demonstrate the YMCA-YWCA values of caring, honesty, respect and responsibility
- Foster a positive atmosphere that encourages fun and laughter

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## Program Overview

To help you understand a little of what goes on at Day Camp, here is a brief overview of some of the activities and how your child's day is structured.

All children are divided into age related groups. Each group is made up of 10 – 12 children, a camp counsellor and whenever possible, a volunteer. The majority of activities are focused around small groups of peers which encourages the development of close friendships. Groups also have the opportunity to do certain daily activities with other groups or with the entire Camp.

Activities have been carefully planned by each counsellor for the entire week. Groups are also slotted into certain activities by the Day Camp Coordinator to ensure that everyone participates in a variety of programs. Swimming, arts & crafts, initiative tasks, and high energy games are a few of the slotted activities your child will be doing on a daily basis. Counsellors design their program based on the age and dynamics of each group. During the summer weeks, your child will go on an excursion to an adventure-filled site around the city. The group's program plans are posted in the facility at the beginning of each week.

**Please phone the facility of choice to inquire about excursion destinations.**

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## What to Bring to Day Camp

Each day your child will need to bring the following:

- ✓ A backpack to put everything in
- ✓ Weather appropriate outdoor clothes.
- ✓ Indoor running shoes and an extra pair of socks
- ✓ Swimwear, a towel and a plastic bag for wet stuff
- ✓ Sunscreen - minimum of SPF 30 (Summer)
- ✓ A hat (Summer)
- ✓ Bug repellent (Summer)
- ✓ A sack lunch (no nut products, no money)
- ✓ 2 snacks (no nut products, no money)
- ✓ Water bottle

*Please do not bring any money, toys, electronic equipment, water guns or valuables. These items are deemed inappropriate and if found, will be held by the counsellor until the end of the day.*

The YMCA-YWCA is not responsible for lost or stolen items. Please label all items with your child's first and last names.

## Snack and Lunches

**Due to the severity of some children's allergies our Day Camps are nut free.**

Daily lunches and snacks including beverages should be brought in a bag or lunch box. All lunches and snacks must be packed with non-perishable foods as we do not have access to a refrigerator or microwave at camp. If a child brings a cooler, he/she will be responsible for carrying the cooler. Campers will have the opportunity to have a morning and afternoon snack. Please pack both.

Our summer program features a hotdog lunch. Drinks and hot dogs are available at a nominal cost. Order forms will be sent home at the beginning of each week.

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**For more information, please contact the location  
closest to you:**

**West Portage Branch**  
3550 Portage Avenue  
Phone: (204) 889.8052

**Downtown Branch**  
301 Vaughan Street  
Phone: (204) 947.3044

**Elmwood – Kildonan Branch**  
454 Kimberly Avenue  
Phone (204) 668.8140

**South Branch**  
5 Fermor Avenue  
Phone: (204) 233.3476



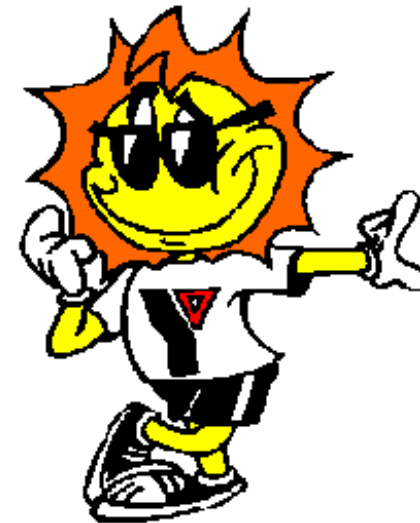
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# YDAY CAMP™

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# PARENT HANDBOOK

Dear Parents:

Camp should be one of the most exciting times in a child's life. The YMCA-YWCA of Winnipeg understands the benefits of a positive camping experience. Making new friends, learning new skills and understanding more about one's self and the world around them; that's what it is all about. Our Camps have been providing these opportunities for over a century.

To ensure that your child's camp experience is a positive one, this handbook is designed for you, the parent. Both parent and child will have a much better experience with preparation and planning.

Our dedicated counsellors place the highest priority on the camp experience and the development of your child. We are committed to incorporating the following 4 values in all of our program areas:

**Caring      Honesty      Respect      Responsibility**

Thank you for entrusting us with your child's care. You have our commitment to do our very best. Together, we look forward to a terrific summer together!

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## **Camper Discipline Procedure**

We strive to provide a safe, positive Day Camp experience for all campers. To do so, it becomes necessary to set expectations and guidelines which all campers and staff can follow. When expectations are not met, it is essential to provide some form of consequence and understanding to prevent future problems. The overall safety of all campers is always our highest concern. The following process will be used to resolve conflicts as they arise. No step, whenever possible, is passed over:

### **Reasoning**

Every effort will be made to help the child understand the inappropriateness of his/her behaviour. When conflict is child to child, every effort will be made to facilitate reasoning between campers.

### **Removal from Specific Activity**

When reasoning has been pursued and the behaviour has not changed, staff will remove the camper from the activity for an appropriate amount of time.

### **Child/Coordinator Conference**

When the group counsellor is not successful in modifying the behaviour, the Day Camp Coordinator is consulted and may choose alternate discipline measures.

### **Child/Parent/Coordinator Conference**

If the parent needs to be formally involved, specific behavior changes with specific consequences will be outlined with the child, parent and Day Camp Coordinator.

### **Removal from Program**

If the above steps have not resulted in the desired behaviour, the parents will be asked to remove their child from the program. There will be no refund for camp fees.

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