

Helping Newcomers TO CANADA

The Newcomers to Canada program helps families and youth:

- Learn about our city and how we do things
- Meet new people
- Keep fit
- Learn new skills
- Become part of the Winnipeg community faster.



For More INFORMATION

To find out if you qualify for the program, please call:

YMCA-YWCA of Winnipeg Downtown Branch

301 Vaughan Street
Phone: 204.947.3044

Elmwood-Kildonan Branch

454 Kimberly Avenue
Phone: 204.668.8140

West Portage Branch

3550 Portage Avenue
Phone: 204.889.8052

www.ywinnipeg.ca



YMCA - YWCA
OF WINNIPEG



Supported by
Manitoba Immigrant Integration Program

Introducing

Winnipeg's

WELCOME



FOR NEWCOMERS TO CANADA



YMCA - YWCA

**We Build Strong Kids,
Strong Families,
Strong Communities**

Who CAN JOIN?

- Newcomers to Canada who have lived in Canada for less than four years
- Families with or without children (Children over 18 can take part if they live at home or go to school)
- Youth ages 9 to 17 years old with permission from a parent
- Family and youth who are first-time members of the YMCA-YWCA of Winnipeg



What do YOU GET?

- A 6-month YMCA-YWCA membership
- Help from the Newcomer Facilitator at the Downtown Branch
- Use of Y fitness facilities and programs
- Use of Y community development programs like the Leaders-in-Training Program for youth
- Special programs like the Newcomer's women's fitness class

For information on the Y's classes, call your branch.



WHAT ARE THE BENEFITS?

- Help in learning to live in Winnipeg
- Chance to meet other Winnipeggers and make new friends
- Chance to meet and socialize with other newcomers to Canada
- Chance to keep active and in good shape
- Chance to learn new skills
- Chance to volunteer with the YMCA-YWCA
- Chance to be part of a respected and long-established Winnipeg organization

